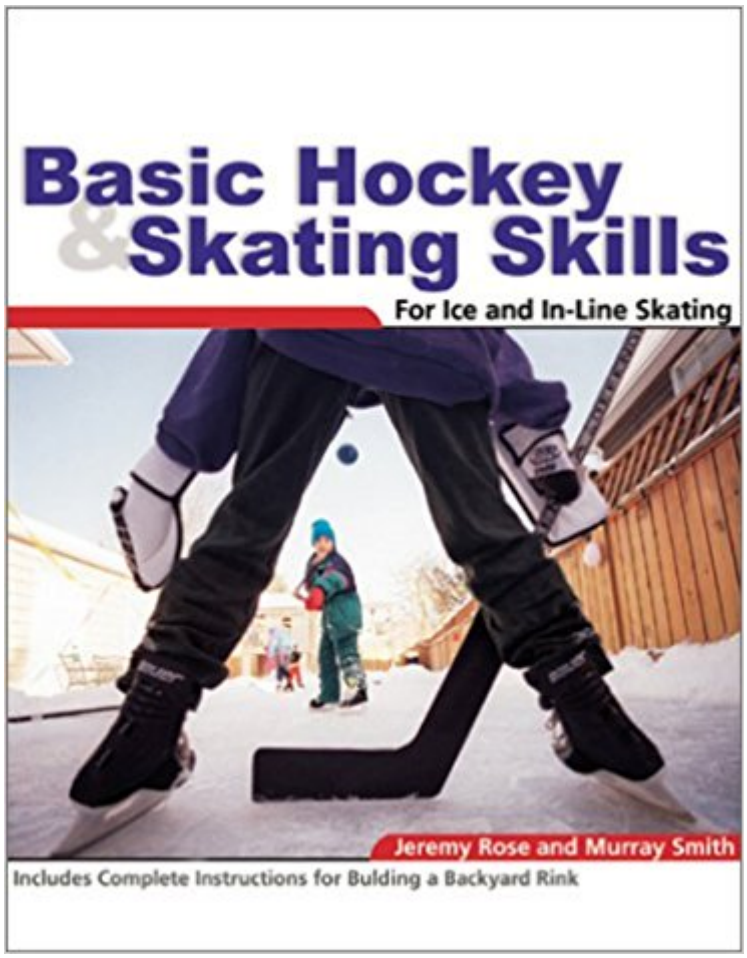
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Basic Hockey And Skating Skills



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Synopsis

This easy-to-follow primer describes a comprehensive method for learning the fundamental skills of ice- and in-line skating. In addition, it shows how to develop puck-handling skills for ice or roller hockey and includes do-it-yourself instructions for constructing a backyard rink. It also offers a guide to essential equipment for both styles of skating. Learn the basics of hockey and skating in your own backyard!

Book Information

Paperback: 120 pages

Publisher: Silver Dolphin (July 2002)

Language: English

ISBN-10: 1551923629

ISBN-13: 978-1551923628

Shipping Weight: 1.1 pounds

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